



*GEORGIA CENTER  
for Pelvic Health*

**Pre Op**

- You will receive a Pre Op appointment date
- At your Pre Op you will meet with Dr. Sean Francis or a representative for Dr. Francis
- You may be examined again, but here you will have the opportunity to discuss what surgery you will be having and for you to ask questions
- Risk of surgery will be discussed
- Once you finish with Dr. Francis or the representative for Dr. Francis, you will have all necessary lab work, chest X-ray, EKG, and meet with anesthesia at the hospital where your scheduled surgery will be performed
- Anesthesia will tell you what time and the location to report to for surgery and also what medication to take or to stop taking
- All aspirin related products or medication that can effect bleeding should be stopped at least 10 days prior to surgery (i.e. Aspirin, Motrin, Plavix, and many vitamins)

**Post Op**

- Call 706-860-2004 to make a follow up appointment once you leave the hospital
- If you are discharged with a catheter, call for an appointment in one (1) week. Please let the person know who is scheduling that you have a catheter
- If you do not have a catheter, please make a follow up appointment in six (6) weeks

**What to expect:**

- Bleeding – If you have bleeding heavier than a normal period, or you need to change pads more frequently than one (1) per every three (3) hours, or you become short of breath or lightheaded (pass out), please call 706-860-2004
- Pain Medications may cause itching. You may take Benadryl to help
- If no relief, call your doctor
- Pain medications will constipate you
- Take Colace, milk of Magnesium and/or Metamucil
- Try to avoid enemas
- It is not unusual to not have a bowel movement for up to seven (7) days after surgery
- Call if you have nausea, vomiting, distension of abdomen or severe pain and have not had a bowel movement
- Do not be afraid to take pain medications as it is more important that you are not in severe pain after surgery
- Surgery will NOT be painless

**When you call:**

- Call if you are uncertain about whether or not you should call
- Call if your temperature is greater than 101 degrees
- Call for bleeding greater than one (1) pad every 2-3 hours. If it continues greater than three (3) pads
- Call for nausea, vomiting, continued diarrhea
- Severe abdominal or vaginal pain